Recognizing Shock Flowchart

Clinical signs		Hypovolemic shock	Distributive shock	Cardiogenic shock	Obstructive shock	
Airway	Patency	Airway open and maintainable/not maintainable				
Breathing	Respiratory rate	Increased				
	Respiratory effort	Normal to increased		Labored		
	Breath sounds	Normal	Normal (± crackles)	Crackles,	es, grunting	
Circulation	Systolic blood pressure	Compensated shock can progress to hypotensive shock if left untreated				
	Pulse pressure	Narrow	Variable	Nar	Narrow	
	Heart rate	Increased				
	Peripheral pulse quality	Weak	Bounding or weak	Weak		
	Skin	Pale, cool	Warm or cool	Pale, cool		
	Capillary refill	Delayed	Variable	Dela	iyed	
	Urine output	Decreased				
Disability	Level of consciousness	Irritable early, lethargic late				
Exposure	Temperature	Variable				

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