

# 10-HR OSHA CONSTRUCTION COURSE



## SAF100



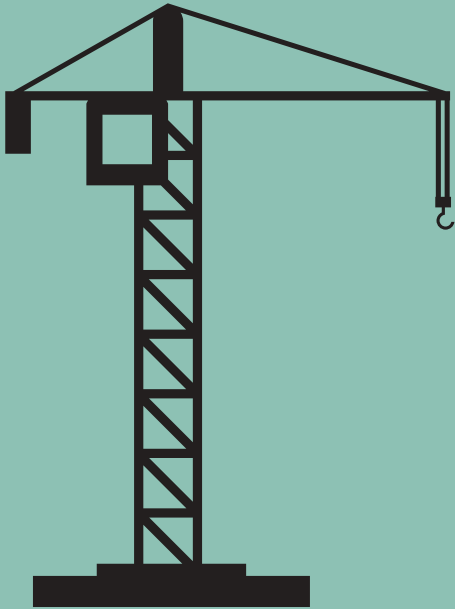
- 10-Hr OSHA authorized training is an orientation to occupational safety and health for workers who are involved in construction. This course teaches mandatory, elective and optional training.
- Upon course completion, students will receive the OSHA sanctioned 10-hr wallet card.

## MANDATORY TOPICS 6-HR

- Intro to OSHA
- OSHA Focus Four Hazards
  - Falls
  - Electrocution
  - Struck by
  - Caught in between
- Personal Protective Equipment
- Health Hazards



## ELECTIVE (AT LEAST 2-HR)



- Cranes, Derricks, Hoist, Elevators and Conveyors
- Excavations
- Materials Handling, storage and use of equipment
- Scaffolds
- Stairways and Ladders
- Tools, Hand and Power

## OPTIONAL 2 HR

You can choose which topic based on your industry or whatever relates to your business.

